

# HUNTERDON HILLS BALLET

ELAINE MATTHEWS ARTISTIC DIRECTOR

## CHILDREN UNDER 7

Class	Age	Teacher	Description
Mommy and Me Ballet	1.5-3	Jenny Hanson	Tiny dancers and a parent/guardian will join Miss Jenny in exploring movement, music, and creativity. Through singing, props, and movement activities, your little one will have fun and develop gross motor skills while being exposed to the basics of ballet.
Mini Ballet I	3	Jenny Hanson	This 30 minute class is designed for early 3 year olds that may still need a parent nearby them. Led by Miss Jenny Hanson, her gentle nurturing approach encourages all dancers to explore while being their best selves. This class helps build confidence, maturity, creativity and coordination!
Mini Ballet II	3-4	Jenny Hanson	This 45 minute class designed for 3-4 year olds, is taught by the one and only Jenny Hanson and will make your child fall in love with dance. It is structured but provides ample room for creativity and exploration. Diving deeper into focus and discipline, this class will be your child's weekly favorite!
Ballet Foundations	4-5	Jenny Hanson	Designed for students age 5, this class is the bridge to more formal ballet instruction. Dancers will be introduced to positions while improving muscle strength and coordination. This class is a critical transition in forging your child's path as a ballerina.
Combo I	4-5	Christen Tassin	Recommended for ages 4-5, this class will feature everything your young dancer needs to get started: ballet, tap and acrobatics. In ballet, students will learn the basics of barre work, steps and turns across the floor, and brief combinations in center. Tap will be lots of fun; we will work on basic rhythms, foundational steps, and musicality. Acro will focus on flexibility and strength, as well as gymnastics skills such as handstands, cartwheels, and backbends.

Combo II	5-6	Christen Tassin	Designed for students ages 5-6 years old. Combo II Class will feature everything your young dancer needs: ballet, tap and acrobatics. In ballet, students will learn the basics of barre work, steps and turns across the floor, and brief combinations in center. Tap will be lots of fun; we'll work up to steps such as maxifords and railroad time steps. Acro will focus on flexibility and strength, as well as gymnastics skills such as handstands, cartwheels, and backbends.
PT I Ballet	6-7	Jes Sims	Designed for students ages 6-7, your child is now ready for a more formal ballet class. Dancers will work to get a firm understanding of positions while improving muscle strength and coordination. This class is a critical transition in forging your child's path as a dancer! Taught by Jessica Sims.

## **PRO TRACK PACKAGES**

<b>Level</b>	<b>Age</b>	<b>Price/ Hours</b>	<b>Description</b>
PT I	6-7		Students are offered both a COMBO class and a Ballet Class. This package is perfect for dancers that like to dance and want to come for more than 1 hour per week.
PT II	8-9		For the serious young dancer or for someone who just really likes to dance, typically ages 8 and 9, this program offers up to 4 hours of training per week. The offered classes will consist of 2 ballet classes, a Broadway class and a contemporary class.
PT III	10-13		The classes offered to this group at the Pro Track III level are crucial to the development of the dancer. At the unbeatable price of \$345 a month for 12.5 hours, it includes all curriculums (ballet, stretch/strength, Broadway, contemporary and pointe) and faculty!
PT IV	13 & up		Offering 19 hours of training per week, this program will take any dancer to the next level. At the unbeatable price of \$405 per month, each dancer will have a daily stretch/strength class, a ballet class, and all of the dance curriculums offered at HHB. Pro Track IV will now be offered electives on Friday including: Broadway, Modern, Hip Hop and Tap. There will also be additional targeted training on Tuesdays, Wednesdays, and

			Thursdays from 3-4:30. This program is a must for the aspiring professional or for those who wish to pursue dance in college.
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## **ELECTIVES**

<b>Class</b>	<b>Description</b>
Broadway	Recommended for students seeking something outside of ballet. This class builds both technique and character. Character heels are required.
Contemporary	Recommended for all students to explore an expressive form of dance that combines elements of several dance genres including modern, jazz, lyrical, and classical ballet.
Pointe	Recommended for students who have achieved adequate strength and understanding of proper ballet technique.
Stretch/ Strength	This class is the heart of the HHB philosophy, that stretching and strengthening exercises are essential to reach your maximum potential.
Variations	Recommended for students that wish to build their repertoire in classical ballet.
Tap	Recommended for lovers of Musical Theater.